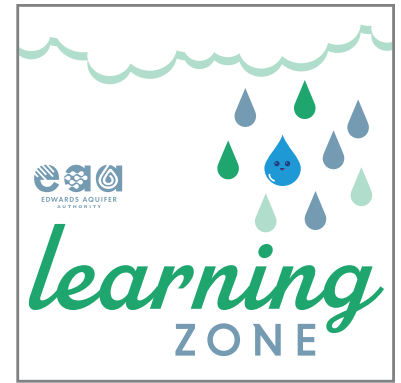


Experience Nature Scavenger Hunt

We all need reminders to slow down and notice the natural world surrounding us. When we pause and use our senses, it helps to sharpen observation skills and increase our sense of well-being.

Rather than collecting items, this scavenger hunt requires you to use your senses to gain information about the world around -- simply check off the items as you listen, feel, smell and see things happening around you.

Try to collect at least 10 checks on your first hunt and collect more each time you try it!



Listen to:

- Things crunching under your feet
- Wind in the trees
- Sound of a bug
- Bird song
- Running Water
- Car Noises
- Sirens
- People Talking

Smell:

- Fresh Air
- Flower
- Grass
- Mud
- Dry Dirt
- Tree Leaves

Feel:

- Tree bark
- Grass blades
- Texture of 3 different rocks
- Wind on your face
- Sun on your skin
- What it would be like to walk like a bear
- What it would be like to crawl like an ant
- Balancing on a log or rock
- Spinning with your arms out

Observe/Watch:

- Insects in action
- Spiders and/or spider webs
- The wind moving Leaves in trees
- Clouds floating by
- Sunlight being filtered by leaves
- Sunset or Sunrise
- A reflection in water (puddles count)
- An animal home or shelter

When you're finished, take a photo of your hunt and share it with us on social media.
Learn more: EDWARDSAQUIFER.ORG/LEARNING-ZONE