

Nature Mandala Activity

Similar to a mandala symbol, a nature mandala is an integrated structure of organic material organized around a unifying center. It is a circular and non-permanent symbol with radial symmetry, where the design radiates out symmetrically from the center. This nature mandala will be made with organic materials found in nature. You can create it however you like - use bright colors or muted earth tones. Make it big or small, or as simple or complex as you want.

Materials:

- Organic materials found in nature
- Things like twigs, leaves, grasses, flowers, berries, pinecones, and acorns

Procedure:

1. Find a peaceful place out in nature to create your mandala
2. Once you've picked a location, gather some organic materials around you to use
3. First, place an item in the center: This will be your "unifying center"
4. After that is in place, use other items you gathered to form the rest of your mandala.
5. Place items near the center first and then continue moving outward from the center until you've created a symmetrical circular design.
6. Continue making patterns until your items are used up and your nature mandala looks complete

